



# AVA MCWHIRTER

## PROFILE

Seeking work in an active team-oriented environment! I want to be a positive addition to the company and learn more about how businesses operate. I'm a hard worker, physically strong, punctual, reliable, and ready to learn!

I have a great deal of experience as a serious athlete who competes well above the level of peers in my age group. I have also taken an active interest in understanding how business I've assisted operate, as I want to be a future entrepreneur and open businesses of my own.

## CONTACT

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## PAST ACTIVITIES

Softball, Basketball, Gymnastics, Choir, Violine, Karate, Video editing for social media content creation

## EDUCATION

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### Junior @ Hampton High School

Active HHS student and Cheer team member with good grades.

## WORK EXPERIENCE

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### Active CrossFit gym community member: 2015 - present

- Competitive athlete and have competed in adult divisions of several local competitions.
- Performed formal job shadowing to learn how owning and operating a business works.
- Assisted with gym maintenance and restocking.

### Hampton Highschool Cheer Team

- Active member of the Hampton Highschool Cheer team.
- Taught at a cheer clinic for kids for grades 1st-5th and conveyed positive messages of hard work and dedication.
- Responsibilities as base with a focus on safety.
- Assisted with difficult varsity cheers as a freshman.

### Babysitting: 2021 - Present

- Cared for multiple children at once.
- Planed activities, resolved conflicts, and prepared snacks.
- Responsibly gave parents periodic text updates to let them know the kids were safe and happy.

### Volunteer Bakery Assistant

- Cleaned and stocked bakery.
  - Prepared tools and ingredients.
  - Assisted with baked goods creation.
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